Lego Therapy Interventions

Lego therapy is a social development program for children with autism and other children with social communication difficulties.

What are the benefits of a lego therapy intervention?

Many benefits can be brought into the lives of young people and children through lego therapy interventions, including:

- Communicate with others effectively
- Use improved social skills
- Solve problems using different strategies
- Identify and discuss their feelings
- Persevere and be resilient when something isn't achieved first time
- Use improved fine motor skills
- Understand and follow instructions
- Work as part of a team
- Effectively use spatial, visual and analytical skills

What happens during a lego therapy intervention?

A lego therapy intervention can be carried out within a small group setting. During a lego therapy intervention, the individual may take on a particular role e.g. builder. The young person will have to work as part of a team with their peers, to construct a piece of work using lego. The young person or child will develop skills such as instruction following and co-operation. Alongside social benefits, lego therapy interventions also improve fine motor skills as well as spatial, visual and analytical skills.

Please contact the school office if you have any queries:
office@wicklewood.norfolk.sch.uk

