

15 May, 2026



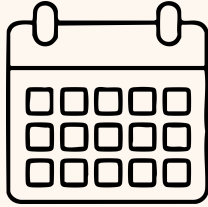
Wicklewood Weekly



SATs

We would like to extend a huge well done to our wonderful Year 6 pupils for the dedication, resilience and positive attitude they have shown throughout SATs week. They approached each day with focus and determination, demonstrating not only their knowledge but also their maturity and perseverance.

We are incredibly proud of the way they supported one another, showed kindness, and represented the school so positively. Their hard work this year has truly shone through, and they thoroughly deserve recognition for their efforts.



Dates:

- 20 May–Sports Day
- 22 May–Year 4 West Stow Trip
- 25–29 May – May Half Term
- 2 June–Year 5/6 Girls Cricket
- 2 June–Class Photos and Y6 Portraits
- 3 July–Summer Fayre

Every Day Matters



It is a statutory requirement for children to attend school every day.

This week's winners are Kestral Class with 98%!

Pastoral

Please note that children should not be collected from school until the end of the school day. We understand that there are times when children will need to attend urgent appointments but all other appointments should be made out of school time. The school day is carefully planned and leaving throughout the day or earlier in the day does impact on children's learning and social interaction with peers. We will closely monitor and record those children leaving early and deal with the absences accordingly in line with Norfolk County Council guidance.

Shoes and PE Kits Reminders

Our school uniform states that children should be wearing suitable black shoes.

These can be plain, black trainers or 'smart' black shoes. We are noticing an increase in children wearing crocs or soft boots to school. Unless there is an existing plan in place, these should not be worn to school as they are not suitable for all weathers or part of our uniform policy.

Similarly, all pupils should come to school on their PE day in a t-shirt which is the colour of their house and shorts or jogging trousers in cold weather.



THE FRIENDS' CORNER

SPORTS DAY

Colour Run:

Pre-ordered children's paint cups will be given to them by their class teachers. Please collect parent paint cups from the Friends stall on the day.

Missed the pre-orders? Limited paint cups will be available from the Friends Stall.

Refreshments:

Drinks, snacks and ice creams will be available to buy from the Friends Stall. Bring cash or pay via bank transfer.

UPCOMING EVENTS

- MAY 20 Sports Day
- JUNE 5 Ice Cream Fridays begin!
- JUNE 5 Friends Meeting 2pm in School Hall
- JULY 3 Summer Festival 3pm School Field



HAVE YOUR SAY!

Come to our next Friends Meeting to help plan the Summer Festival and have a say on how we spend our current funds.

Friday June 5th 2pm in the School Hall

FUNDRAISING

Thank you to everyone who baked and bought cakes for our sales.

Since September, cake sales have raised an amazing:



We look forward to using this money to support the school and children. Come to our meeting after half-term to help us decide how to do this.

Next term, we move onto **Ice Cream Fridays** so fingers crossed for sunny weather!

SAVE
THE DATE

SUMMER FESTIVAL

MUSIC
GAMES
FOOD

Friday 3rd July
3pm onwards

Hamper Raffle

We will be collecting prizes for our hamper raffle. Please hand in any prizes to the office after half term. There will be a prize for the class with the best hamper.

Stalls

We will be limiting stalls this year to children's games, Friends' stalls and a handful of craft stalls run by school families. If you or your child would like a stall, please email: wicklewoodfriends@gmail.com



What Parents & Educators Need to Know about IMAGE-ALTERING FILTERS

From playful puppy ears on Snapchat to 'beauty mode' on TikTok, image-altering filters are now a routine part of how young people communicate online. While many are harmless, others subtly reshape people's faces and bodies. This can blur the line between reality and edited content, potentially influencing how children and young people see themselves and others.

WHAT ARE THE RISKS?

ALTERED BEAUTY STANDARDS

Many 'beauty' filters smooth skin, reshape facial features, or adjust body proportions. Over time, repeated exposure to these filters can shift a child's idea of what is 'normal' or attractive, creating unrealistic expectations about their own and others' appearances.

PRESSURE TO LOOK PERFECT

Filtered images can often attract more 'likes' and positive comments. This can encourage children and young people to rely on editing tools to gain others' approval, rather than feeling confident in their natural appearance.

LOW SELF-ESTEEM

Regularly viewing heavily filtered content can lead to comparisons with unrealistic images. This is linked to body dissatisfaction and reduced self-esteem, particularly among children and teenagers.

HIDDEN ADVERTISING

Some filters are linked to beauty products or trends, subtly promoting third-party brands. Children and young people may not recognise this as advertising, while also sharing personal data – such as facial images and usage habits – with apps and third parties.

BLURRED REALITY

As filters become more advanced and natural-looking, it can be difficult for children and young people to distinguish edited content from real life, especially when filters are used in everyday photos and videos.

SEXUALISED EDITS

Certain tools can make users appear older or more sexualised. This may attract unwanted attention, increase the risk of images being shared without consent, and expose young people to unsafe interactions.

Advice for Parents & Educators

START OPEN CONVERSATIONS

Talk regularly about filters, such as how they work and why people use them. Ask the children and young people in your care how filtered images make them feel and encourage honest discussion without judgement.

REINFORCE WHAT'S REAL

Help children and young people understand that filtered images are digitally altered and are not an accurate reflection of real life. Emphasise that they don't need to meet these artificial standards.

CHALLENGE 'PERFECT' POSTS

When viewing content together, gently point out the signs of editing, filters, or posing techniques. This builds critical thinking and helps children and young people question unrealistic images.

PROMOTE OFFLINE CONFIDENCE

Encourage activities that build self-worth beyond appearance, such as sports, hobbies, friendships, and creative interests, so that confidence isn't tied solely to online validation.

Meet Our Expert

Parven Kaur is a digital parenting expert and founder of Kids N Clicks, a platform dedicated to helping parents navigate the online world alongside their children. She is an expert contributor for Internet Matters, offering practical guidance on emerging online safety issues. Her insights have been featured by the BBC, The Telegraph, TalkTV, and other major media outlets, supporting families across the UK.



#WakeUpWednesday

The National College®

See full reference list on our website

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WOODLAND TALES FOREST SCHOOL

Holiday Club – May Half Term

Outdoor adventure • Nature connection • Confidence building


A woodland holiday experience for children aged 5–11


Woodland Tales Forest School offers a safe, nurturing outdoor environment where children can explore, play, and connect with nature through hands-on woodland activities.


Sessions support:


- Confidence & independence
- Wellbeing & emotional resilience
- Social skills & teamwork
- Creativity & outdoor play

Holiday Club Details:


 Thursday 28th May

 10:00am – 3:00pm

 Optional early drop-off: 9:00am


 Ages: 5–11 years (younger siblings 3+ welcome, please email when booking)

 Woodland Tales Forest School, Attleborough Rd, Hingham, Norfolk, NR9 4NQ

 Campfire snacks included

Activities include opportunities for:

 Den building  Nature exploration & wildlife spotting  Woodland crafts

 Bushcraft skills & outdoor games

Activities are adapted to the group and weather on the day.

Pricing

£35 per child

£5 early drop-off (9–10am)

Sibling discount available

Booking & Information

 Book via: www.bookwhen.com/woodlandtales

 amy@woodlandtales.co.uk

 www.woodlandtales.co.uk

Woodland Tales Forest School

A calm, nurturing alternative to traditional holiday childcare where children can thrive outdoors.