

PSHE Topics Progression EYFS - 6

Nursery 1 & 2	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p>RELATIONSHIPS</p> <p>Feelings and Emotions.</p> <p>Beginning to learn to recognise own feelings.</p> <p>Health and Relationships</p> <p>Settling into Nursery, exploring new environment, gaining trust in key person.</p> <p>Valuing Differences.</p> <p>Talk to children about how they are</p>	<p>RELATIONSHIPS</p> <p>Feelings and Emotions.</p> <p>Yasmine and Tom – keeping safe – people who help me.</p> <p>Good listening skills</p> <p>Class celebration of Wow! moments –</p> <p>Health and Relationships</p> <p>Build constructive and respectful relationships.</p> <p>Respect</p> <p>Valuing Differences</p>	<p>RELATIONSHIPS</p> <p>Feelings and Emotions.</p> <p>Recognising feelings in self and others; sharing feelings.</p> <p>About things that help people feel good (eg. playing outside, doing things they enjoy, spending time with family, getting enough sleep).</p> <p>Health and Relationships</p> <p>Secrets and keeping safe; special people in their lives</p> <p>Valuing Differences</p> <p>Respecting similarities and differences in</p>	<p>RELATIONSHIPS</p> <p>Feelings and Emotions.</p> <p>Behaviour: bodies and feelings can be hurt. Different things they can do to manage big feelings, to help calm themselves down and change their mood when they don't feel good.</p> <p>Health and Relationships</p> <p>Listening to others and playing co-operatively; appropriate and inappropriate touch; teasing and bullying.</p> <p>Valuing Differences</p> <p>Respecting similarities and differences in</p>	<p>RELATIONSHIPS</p> <p>Feelings and Emotions.</p> <p>Recognising feelings in others; responding to how others are feeling physically and mentally. That mental health, like physical health is part of daily life and important.</p> <p>Health and Relationships</p> <p>Positive healthy relationships and friendships; maintaining friendship; actions affect ourselves and others; working collaboratively.</p> <p>Valuing Differences</p> <p>Recognising and responding to bullying.</p>	<p>RELATIONSHIPS</p> <p>Feelings and Emotions.</p> <p>Keeping something confidential or secret; when to break a confidence; recognise and manage dares.</p> <p>To recognise warning signs about mental health and wellbeing and how to seek support for themselves and others.</p> <p>Health and Relationships</p> <p>Acceptable and unacceptable physical contact; solving disputes and conflicts amongst peers.</p> <p>Valuing Differences</p> <p>Listen and respond effectively to people; share points of view</p>	<p>RELATIONSHIPS</p> <p>Feelings and Emotions.</p> <p>Responding to a wider range of feelings in others and being aware of their mental health.</p> <p>To recognise that anyone can experience mental ill health; that most difficulties can be resolved with help and support; and its important to discuss feelings with a trusted adult.</p> <p>Health and Relationships.</p> <p>Actions have consequences; working collaboratively; negotiation and compromise; giving feedback.</p> <p>Valuing Differences</p> <p>Listening to others; raising concerns and challenge.</p>	<p>RELATIONSHIPS</p> <p>Feelings and Emotions.</p> <p>Confidentiality and when to break a confidence; managing dares. Learning when and how to resist pressure.</p> <p>Problem-solving strategies for dealing with emotions, challenges, and change, including the transition to new schools.</p> <p>Health and Relationships.</p> <p>Different types of relationships; positive and healthy relationships; recognising when a relationship is unhealthy (including forced marriage); committed, loving relationships; marriage. Listening to others; raise concerns and challenge.</p> <p>Valuing Differences</p> <p>What makes people the same or different; recognising and challenging stereotypes;</p>

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similar to and different from others.	GR8ASUR-GR8 M8	others; sharing views	others; sharing views and ideas. How to respond to others.				discrimination and bullying.
LIVING IN THE WIDER WORLD Rights and Responsibilities Learning the Nursery rules and boundaries.	LIVING IN THE WIDER WORLD Rights and Responsibilities Zones of Regulation – expressing feelings of themselves and considering others. Environment ????? Money	LIVING IN THE WIDER WORLD Rights and Responsibilities Group and class rules; everybody is unique in some ways and the same in others. Environment Looking after the local environment. (Shared project with Year 2.)	LIVING IN THE WIDER WORLD Rights and Responsibilities Group and class rules; respecting their own and others' needs; groups and communities they belong to; people who work in the community; getting help in an emergency. Environment Looking after the local environment. (Shared project with Year 2.)	LIVING IN THE WIDER WORLD Rights and Responsibilities Discuss and debate health and wellbeing issues – who keeps you healthy and safe. Being a part of the community and who works in the community. Environment Ways of carrying out shared responsibilities for protecting the environment in school and at home. Money	LIVING IN THE WIDER WORLD Rights and Responsibilities Discuss and debate health and wellbeing issues. Appreciating difference and diversity in the UK and around the world. Environment Sustainability of the environment across the world. Money	LIVING IN THE WIDER WORLD Rights and Responsibilities Discuss and debate health and wellbeing issues. Rules and laws; changing rules and laws; anti-social behaviour; respecting and resolving differences. Different rights; responsibilities and duties. Environment Ways of carrying out shared responsibilities for protecting the environment and how everyday choices can affect the environment (eg. reduce, reuse, recycle, food choices). Money	LIVING IN THE WIDER WORLD Rights and Responsibilities Discuss and debate health and wellbeing issues. Human rights; the rights of child, cultural practices and British law. Being part of a community; groups that support communities. Being critical of what is in the media and what they forward to others. Environment Resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment across the world . Money

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<p>Money Introducing money into role play, i.e., shops, pirates' treasure.</p>	<p>?????</p>	<p>Money Where money comes from; how to use money; saving and spending money.</p>	<p>Money Where money comes from; saving and spending money; making choices; keeping track of money spent/saved</p>	<p>Enterprise; what it means; developing skills in enterprise.</p>	<p>Role of money; managing money (saving and budgeting); what is meant by interest and loan.</p>	<p>Importance of finance in people's lives; being a critical consumer; looking after money; interest, loan; debt management of money; tax.</p>	<p>Enterprise; setting up an enterprise How resources are allocated; effects of this on individuals; communities and environment.</p>
<p>HEALTH AND WELLBEING</p> <p>Healthy Lifestyles. Sun safety and the reasons behind why we need a hat and sunscreen and the importance of drinking water.</p> <p>Growing and Changing</p> <p>Learning to manage disputes with peers in a calm and controlled manner, sometimes seeking an adult to support.</p> <p>Keeping Safe</p>	<p>HEALTH AND WELLBEING</p> <p>Healthy Lifestyles. Healthy eating – healthy and unhealthy foods, Discussing and managing basic hygiene skill</p> <p>Growing and Changing</p> <p>Empathy</p> <p>Keeping Safe E Safety</p>	<p>HEALTH AND WELLBEING</p> <p>Healthy Lifestyles. What helps keep bodies healthy; hygiene routines.</p> <p>Growing and Changing</p> <p>Change and loss and how it feels.</p> <p>Keeping Safe</p>	<p>HEALTH AND WELLBEING</p> <p>Healthy Lifestyles. Healthy choices; different feelings; managing feelings.</p> <p>Growing and Changing</p> <p>Growing; changing and being more independent; correct names for body parts (including external genitalia). Basics of sexual reproduction.</p> <p>Keeping Safe</p>	<p>HEALTH AND WELLBEIENG</p> <p>Healthy Lifestyles What makes a balanced diet; opportunities for making own choices with food; what influences their food choices; habits.</p> <p>Growing and Changing</p> <p>Recognising what they are good at; setting goals. Describing feelings and how to manage feelings.</p> <p>Keeping Safe</p>	<p>HEALTH AND WELLBEING</p> <p>Healthy Lifestyles What makes a balanced lifestyle and making choices; drugs common to everyday life; hygiene and germs.</p> <p>Growing and Changing</p> <p>Recognising what they are good at; setting goals; changes at puberty. Changes that happen in life and feelings associated with change.</p> <p>Keeping Safe</p>	<p>HEALTH AND WELLBEING</p> <p>Healthy Lifestyles What positively and negatively affects physical and mental health and wellbeing; making informed choices; benefits of a balanced diet; different influences on food; skills to make choices.</p> <p>Growing and Changing</p> <p>Recognising what they are good at; setting goals; aspirations. Intensity of feelings; managing complex feelings. Coping with change and transition; bereavement and grief.</p> <p>Keeping Safe</p>	<p>HEALTH AND WELLBEING</p> <p>Healthy Lifestyles Images in the media and reality; how this can affect how people feel; risks and effects of drugs.</p> <p>Growing and Changing.</p> <p>Recognising what they are good at; setting goals; aspirations. Changes at puberty); human reproduction; roles and responsibilities of parents.</p> <p>Keeping Safe Independence, increased responsibility;</p>

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<p>Cutting skills - using tools/scissors etc safely</p> <p>PANTS</p>	<p>Road Safety (being a safe pedestrian)</p>	<p>Keeping safe around household products; how to ask for help if worried about something.</p>	<p>Keeping safe in different situations; how to ask for help if they are worried about something; privacy in different contexts.</p>	<p>School rules on health and safety; basic emergency aid; people who help them stay healthy and safe. Drug education - medicines and tobacco Safety - home, water, electricity, road, internet.</p>	<p>How to keep safe in local area and online; people who help them stay healthy and safe.</p>	<p>Strategies for managing personal safety in the local environment; online safety; including sharing images; mobile phone safety.</p>	<p>keeping safe; influences on behaviour; resisting pressure; rights to protect their body and speaking out against FGM; who is responsible for their health and safety; where to get help and advice.</p>
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