

Wicklewood Primary School and Nursery

Relationships Sex and Health Education Policy

Rationale

The school's aim is to provide a stimulating and caring environment in which each pupil experiences high standards of education in RSHE; preparing them for the opportunities, responsibilities and experiences of later life. This is done in partnership with parents and governors. The Relationships Sex and Health Education Policy is written in accordance with this aim. It was produced following consultation with parents, staff and governors.

Purposes

1. To reassure children of their value and self-worth including aspects of dignity, self-respect and self-restraint.
2. To nurture a responsible attitude towards personal relationships including aspects of mutual respect and care, and to develop sensitivity towards the needs of other, encompassing fidelity and loyalty.
3. To reinforce moral values in line with the school's ethos of British Values and Values Based Education, taking into account physical and moral risks associated with certain behaviours.
4. To provide knowledge of different kinds of loving relationships.
5. To provide knowledge of human reproductive processes.
6. To inform pupils on matters of personal hygiene and personal health issues.
7. To educate against discrimination and prejudice.
8. To empower pupils to make informed choices about sex.

Broad Guidelines

Teachers will take particular care to ensure that the teaching materials used will be of high quality, and that they, and the aspects of the topics covered, will be appropriate to the needs and ages of the pupils. This will chiefly be covered by the Family Planning Association resource "Growing up with Yasmine and Tom." Resources approved by the PSHE Association, and GR8ASUR programme will also be used.

1. In support of the Equal Opportunities Policy all Wicklewood Primary School and Nursery pupils regardless of age, ability, gender or race, will have the same opportunities to benefit from the Relationships Sex and Health Education resources and teaching methods.
2. The Relationships Sex and Health Education taught will be in line with the Equality Act 2010.
3. Teaching staff will teach the factual content. Other members of staff from Wicklewood Primary School and Nursery will be aware of the Relationships Sex and Health Education Policy so that they can answer questions.
4. Training will be provided as necessary to ensure high quality delivery of the subject.
5. Methodology - there will be a whole school approach from Reception to Year 6. The subject will generally be taught in a cross-curricular way encompassing all the elements within the National Curriculum for Science and PSHE, as well as E-Safety. It will also expand more broadly into human relationships, human and physical development including reproduction, sexuality and health.
6. Certain aspects of the subject will be taught discretely to particular year groups as is considered age appropriate.
7. Distancing techniques, such as the use of characters, will be used to avoid pupils feeling under pressure to participate or disclose information beyond that which is appropriate to them or feels comfortable.
8. Pupils will create their own learning agreement for the purposes of Relationships and Sex Education lessons and teachers will make the classroom a safe space for pupils to discuss their questions and concerns.
9. Teachers will answer pupils' direct questions in an open and factual way. They will not enter into discussions about personal issues and lifestyles. Teachers will give clear, impartial information.
10. Pupils with special educational needs relating to Relationships Sex and Health education will have their needs addressed both within the class, and where appropriate, on a one to one basis.
11. If staff feel it is appropriate, visiting health professionals will be invited to contribute to the teaching, but the class teacher will always be the lead in this situation.

Topics covered

Year Group	Relationships Education	Sex Education	Health	Science	Computing
Reception - Wren	Building relationships with peers and adults Developing an awareness of their own feelings and ways to express them.		Considering ways to be healthy and stay safe in our home.		E-Safety
Year 1 - Robin	Recognising feelings in self and others; sharing feelings. Secrets and keeping safe; special people in their lives. Respecting similarities and differences in others; sharing views		What helps keep bodies healthy; hygiene routines.	Naming parts of the body.	E-Safety
Year 2 - Swift	Behaviour; bodies and feelings can be hurt. Listening to others and playing co-operatively; appropriate and inappropriate touch; teasing and bullying. Respecting similarities and differences in others; sharing views and ideas. Growing; changing and being more independent. Keeping safe in different situations; how to ask for help if they are worried about something; privacy in different contexts.	Reproduction	How to maintain a healthy lifestyle.	Animals including humans have offspring which grow into adults. Correct names for body parts (including external genitalia).	E-Safety- online friendships
Year 3 - Greenfinch	Recognising feelings in others; responding to how others are feeling. Positive healthy relationships and friendships; maintaining friendship; actions affect ourselves and others; working collaboratively. Recognising and responding to bullying.		People who are responsible for helping them stay healthy and safe; how they can help these people to keep them healthy and safe.	Human nutrition.	E-Safety
Year 4 - Lapwing	Keeping something confidential or secret; when to break a confidence; recognise and manage dares. Acceptable and unacceptable physical contact; solving disputes and conflicts amongst peers. Listen and respond effectively		Discuss and debate health and wellbeing issues. What makes a balanced lifestyle and making choices; drugs common to everyday life; hygiene and	Animals including humans – digestive system, teeth.	How to keep safe online.

	to people; share points of view		germs. Changes at puberty.		
Year 5 - Kestrel	Responding to feelings in others. Actions have consequences; working collaboratively; negotiation and compromise; giving feedback. Listening to others; raising concerns and challenge.		What positively and negatively affects health and wellbeing; making informed choices; benefits of a balanced diet; different influences on food; skills to make choices.	Describe changes as humans develop to old age.	Use technology safely, respectfully and responsibly; recognise acceptable/ unacceptable behaviour; identify a range of ways to report concern about content and contact.
Year 6 - Kingfisher	Confidentiality and when to break a confidence; managing dares. Different types of relationships; positive and healthy relationships; recognising when a relationship is unhealthy (including forced marriage); committed, loving relationships; marriage. Listening to others; raise concerns and challenge. What makes people the same or different; recognising and challenging stereotypes; discrimination and bullying. Images in the media and reality.	Human reproduction Periods Wet dreams	Puberty. FGM. Where to get help and advice. Rights to protect their body.	Recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function.	Use technology safely, respectfully and responsibly; recognise acceptable/ unacceptable behaviour; identify a range of ways to report concern about content and contacts.

The topics covered in our curriculum will be reviewed regularly in response to emerging themes and changing pupil needs, or introduction of new legislation or guidance.

Specific Issues

Safeguarding

Safeguarding as laid down by Norfolk County Council will be followed. All referrals, whatever their origin; must be taken seriously and must be considered with an open mind, which does not pre-judge the situation. The procedures adopted within the county area for handling cases of neglect, physical, emotional, sexual abuse and failure to thrive involving children and young persons, are based on the principle that the interests and welfare of the child or young person are of paramount importance.

Confidentiality must not prevent action if the child is 'at risk'. Teachers will listen sympathetically to anything a child tells them in confidence. However, if a teacher feels that a child is at risk then the appropriate people will be contacted in accordance with the above Child Protection Procedures, a copy of which is available for parents in school. Any questions that raise safeguarding concerns will be referred to the Designated Safeguarding Lead.

Child Withdrawal Procedure

Relationships Sex and Health Education at Wicklewood Primary School and Nursery is to be taught across the curriculum. If Health Professionals are invited to address the children in presence of the class teacher, or specific areas of the curriculum are dealt with in year groups, it may be appropriate to notify parents in advance.

Sex Education: Parents have the right to withdraw their children from any and every aspect of sex education that is **not** taught as part of the statutory curriculum. If they wish to do so; they need to inform the Head teacher. When Sex Education is to be taught, parents will receive due notice. They are also able to view materials being used if they wish.

Complaints Procedure

If a parent has any cause for concern about the Relationships Sex and Health Education Policy; they should come into school to resolve the problem as soon as possible, with the Head teacher and staff. In the unlikely event that the concern cannot be dealt with, the Governors and then the LEA can be contacted.

Procedures for the Involvement of Health Professionals and Visitors

All visiting Health Professionals and other visitors will only be involved in the implementation of the Relationships Sex and Health Education Policy after detailed consultation concerning lesson content and method of teaching. The class teacher will remain in the lesson throughout.

Conclusion

Teaching of Relationships Sex and Health Education at Wicklewood Primary School and Nursery will enhance the pupils' understanding of and sensitivity towards the world around them.

This Policy directly relates to the PSHE and Citizenship Policy; Safeguarding Policy; Teaching and Learning Policy; SEND (Cluster) Policy; Behaviour and Discipline Policy; Equalities Scheme 2019-2022; Science Policy; RE Policy and Computing Policy.

Next Review Due: September 2021.