

1.1 ONE MORE STEP

Objective: Count in multiples of twos, fives and tens

Instructions

1. You need some space at home or outside to march, step, hop and jump around in. Even a small indoor space can be used to count around, moving in wiggly lines, round the table or down the stairs (be careful!). You could even make up a 'funny trail', leading round the garden or through the house, for example
2. Make 3 number cards: 2, 5, and 10
3. Pick a random number card – this is what you must count in, 2s (to 24), 5s (to 60) or 10s (to 100). Put some music on if you like!, March, hop or jump around the space you have chosen, counting out loud so people can hear you
4. Try all three numbers – and then test yourself by doing each one at random, but quicker this time! Practice the one you find hardest again.

Challenge

Can you march, hop or jump around whilst counting backwards in 10s from 100, or in 5s from 50 and 2s from 30?

