

Wicklewood Primary School and Nursery

Physical Education Policy

Rationale:

Physical Education in school is the start of the development of a healthy active lifestyle that should endeavour to encourage every pupil and enable them to become physically literate. Children should be given inclusive opportunities to develop a wide variety of skills, from individual to teamwork and both physical and mental. We also believe in the power of physical activity on mental wellbeing and the importance of play. We encourage children to be physical active during the school day through the use of playground resources, Play Leaders and Young Leaders, an active culture in lessons (Active maths and English) and extended school clubs.

Purposes:

At Wicklewood Primary School and Nursery, we aim for the curriculum to be balanced and enjoyable whilst following the demands of the National Curriculum. The subject leader has developed and monitors a scheme of work which shows a steady progression in each area of activity. The school will contribute to the all-round physical development of each child whilst catering for individual needs. Two hours of physical exercise is a statutory requirement, as is swimming in KS2. Teachers will keep formative assessments as well as the whole school being assessed in athletics annually in order to monitor individuals and particular groups progress.

Broad Guidelines:

The curriculum is separated into the skills and knowledge from the National Curriculum. For KS1 there is a greater emphasis on the fundamental skills that children will need to master as building blocks to succeed in KS2 (split into 5 on curriculum map). In KS2 children will develop the complexity, accuracy and control of these basic skills, there will also be more focus on evaluating and comparing their own success to make improvements. The curriculum highlights opportunities for transferable skills to be taught across a range of topics and through the five areas of dance, gymnastics, games, athletic activities and outdoor and adventurous, teamwork activities. This enables a strong emphasis on 'links to learning', so children and teachers have a clear understanding of how their learning links to previous years or lessons and how it will prepare them for subsequent learning too.

For the quality of teaching and children's learning, it is important that:

- The work is stimulating, energetic, challenging and fun.
- The teachers consider safety at all times and the children can use equipment safely. Where appropriate, children will be taught how to move apparatus to ensure this is done safely.
- The children demonstrate the school's values and can work in a team, appreciating the ability of others, enabling them to show good sportsmanship.
- Resources are developed allowing activities to show appropriate progression and development. The responsibility for looking after and storing equipment safely falls to all class teachers who use it. Resources will be kept neatly in the PE cupboard or outdoor shed, where appropriate, these will be rotated according to what is being used at different times of the year.
- Teachers and children dress appropriately for the activity and understand the need for this. Each class have a certain amount of spare kit in order to prevent a lack of kit being a barrier to a child participating in PE lessons. Teachers will send home a lack of kit note to parents detailing which part of the PE kit was not in school. This is to ensure a productive use of lesson time.
- Children who cannot participate in the lesson due to injury must have consent from a parent/carer explaining this, they will become 'PE Helpers' in the lesson in order to ensure that they are still participating in the lesson, and learning the key skills and knowledge necessary.
- Teachers will utilise the 'Get Set For PE' scheme, adapted and in correlation with other resources where appropriate, in order to meet the needs of the specific. They should also refer to the skill progression document and the suggested vocabulary, to provide consistency and development of skills and knowledge across year groups.

Additional:

Swimming will form part of the curriculum for Year 3 pupils. There will also be the opportunity for children who do not reach the required standard at the end of Year 3 to complete 'top up' swimming to grasp basic water safety. Children will have the chance to develop other skills through enrichment days and at after school clubs e.g., martial arts, yoga, netball, golf, tennis and rugby. We will also involve sporting role models to inspire the children.

Conclusion:

As P.E in school is the development of a healthy, active lifestyle, all children will be expected to participate in P.E according to their abilities. Children will be encouraged to participate with others as well as learning to recognise and celebrate their successes so that P.E becomes an enjoyable experience. All children will be encouraged to participate in sports and join school teams, with regards to representing the school competitively, we believe that it should be 100% doing 10% rather than 10% doing 100%, regardless of ability. This policy directly links/relates to the Teaching and Learning and SEN Information Report.