

This group is for you if:

You are a parent, carer or family member of a child with additional needs / special educational needs

or

You have an interest in additional / special educational needs:

- ◆ **Your child has learning difficulties**
- ◆ **You would like to talk to other parents/families**
- ◆ **Your child struggles to go to school/ or is anxious**
- ◆ **Your child displays challenging behaviour**
- ◆ **You would like information/advice**
- ◆ **You are puzzled by aspects of your child's behaviour or development**
- ◆ **Your child has communication difficulties**
- ◆ **Your child has a disability, diagnosis, or you are just worried about them..**

Come and join us for

Chat

Sharing your experience

Activities

Speakers from other professions

Workshops

Relaxation

A listening ear

Finding Information

Session format

- ◆ Drop in anytime from 9.00am for a friendly welcome by all...
- ◆ Tea/coffee and cake ... (Healthy options too!)
- ◆ Alternate sessions will have a visiting speaker (details available on request)
- ◆ Speakers will generally talk between 9.30 & 10.30am
- ◆ Open sessions allow parents to socialise and meet others who share similar experiences
- ◆ Everybody is welcome
- ◆ Question & answer box available to post any difficult questions
- ◆ Resource file and publications available to view
- ◆ Book library for monthly loan of books for group members
- ◆ Signposting to additional support as appropriate for individuals