



Wicklewood Primary School and Nursery  
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Wymondham  
NR18 9QJ

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19.1.18

Dear Parents and Carers,

The term has started really well with the children noticeably taking on board the importance of respect. The children have embraced praising others when they see good examples of the value and I do hope that they are beginning to share this with you. Yesterday was most definitely an example of this with all the children behaving impeccably during such an unusual day! Thank you to all of you too for your support and understanding.

### Change for Life app



After the indulgence of Christmas the government have obviously decided to raise the awareness of the need to return to healthy eating. Today you will receive a leaflet about Change4Life and maybe some of you have also got the App which enables you to monitor fat, sugar and salt content. I decided to download it and must confess that I have been quite shocked when I have investigated the snacks that I thought were healthy and discovered that they were absolutely not. Please do ensure that your child's snack is a healthy one!

### Activity monitors / Fitbits

Several of the older children have started to wear these. We are happy for these to be worn in school as long as they are on silent and do not cause a distraction. Please ensure that your child realises that they are responsible for looking after them. They will not be allowed to wear them for PE.

### Lost property

We already have a ridiculous amount of lost property and unfortunately our lost property box is no longer fit for purpose. We are therefore going to trial the following.

- Named items will be returned
- Unnamed items will be kept until the end of half term in the office and then suitably disposed of (Second hand sale, charity shop, bin...)

Linked to our value of respect – the children understand that respect is for ourselves, for one another and for property. Please encourage your child to look after their clothing. If they put it down they must remember to pick it up!



Headteacher: Miss Julia Brooks  
Chair of Governors: Mr Peter Meacock



## Sportshall athletics

A selection of our key stage 2 children participated in this event last week alongside about a further 310 children from the Wymondham Cluster. We were placed as follows, with our year 5s and 6s qualifying as the large school Wymondham cluster representative for the South Norfolk SSP Y5&6 Sportshall Athletics Competition taking place on Tuesday 23rd January 2018 at the Sportspark, UEA. Good luck!

### Years 5 and 6

- 1st Wreningham - 236 points
- 2nd Wicklewood - 184 points
- 3rd Robert Kett - 178 points
- 4th Spooner Row - 168 points
- 5th Barnham Broom - 144 points
- 6th Barford - 140 points
- 7th Tacolneston - 134 points
- 8th Ashleigh - 114 points
- 9th Morley - 48 points

### Years 3 and 4

- 1st Wreningham - 206 points
- 2nd Ashleigh - 202 points
- 3rd Wicklewood - 196 points
- 4th Barnham Broom - 166 points
- 5th Spooner Row - 156 points
- 6th Robert Kett - 148 points
- 7th Barford - 136 points
- 8th Morley - 92 points
- 9th Tacolneston - 88 points

## Paul Evans visits Wicklewood

Paul Evans, one of Norfolk's most respected athletes, came in to school on Monday 15<sup>th</sup> January 2018 to work with the four children who have reached the Norfolk Cross Country final.

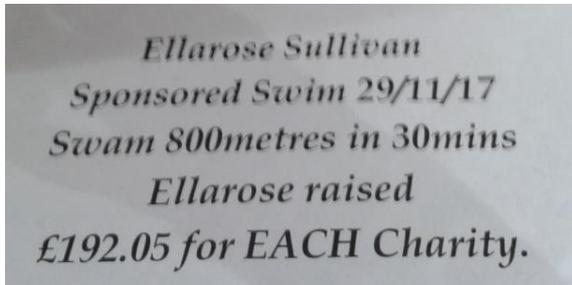
Paul has competed in two Olympic finals, two world championships, and holds thirteen British titles at 10,000 and half marathon distances. He also came first in the Chicago marathon, second in New York and third in London: the latest record was breaking the British and European half marathon record as a veteran in the Great North Run at the age of 40. He is now a Project Officer with Active Norfolk.

Unfortunately the weather was not particularly kind so he has agreed to return on Monday 5<sup>th</sup> February to coach the children a little further!



## Ellarose Sullivan

Ellarose wanted to raise money on her own and decided to complete a sponsored swim with Jh20 swim school. She swam an amazing 800m in a half an hour lesson. Ellarose raised £192.05. She has sent her sponsored money to EACH charity to help the sick local children and their families. An amazing achievement. Well done!



## Aviva Community Fund 2017

Unfortunately we were unsuccessful with our bid ☹️

This is an excerpt from the email that we received;

'Thank you for taking part in the Aviva Community Fund 2017. We want to take a moment to thank you for all the hard work you put in getting your project through to the Finals.

**We're sorry to tell you that the judges haven't chosen your project to receive funding.** As you can imagine, it was a hard decision, with many worthwhile projects to choose from. However, to recognise your achievement in reaching the finals, **we're going to donate £500 to your project.'**

Thank you to everyone who voted and, in particular, to Ann Wilson who really drove this bid forward.

## An update from our Cluster Parent Support Adviser



Wymondham Cluster

- Learning
- Inclusion
- Nurture
- Knowledge
- Support



**Parent/carer support group**

For adults who have a child/young person with any additional need/special educational needs ...

At :- The Bungalow, Robert Kett primary school, Hewitts Lane Wymondham, NR18 0LS.

On:- Friday 2nd February 2018

Times :- Between 9.00am and 11.00am (Speaker 9.30/10.30)

Guest speaker:- Amy Eleftheriades from Alpha Inclusion 'How to use visuals and Lego to promote communication - in everybody!'

For further information please request a leaflet or contact Tina Bell 01953 609783



Further information from Tina Bell 01953 609783/07595 221240



### Understanding Your Child

**Online Course**  
[www.inourplace.co.uk](http://www.inourplace.co.uk)

This is an enjoyable online course, focussing on the parent-child relationship. It can be done at your own pace, and is ideal for ALL dads, mums and other carers who want to learn more about sensitive and effective parenting, and be the best they can be.

- ✓ The course can be done on any PCs, Macs, iPads, laptop or smartphone, at a time and pace to suit family life
- ✓ There are 11 sessions each taking around 20 minutes (the main screens have optional audio voice-overs)
- ✓ Interactive activities, quizzes, video clips, practical hand-outs

**The course covers:**

- Responding to how your child is feeling
- How your child develops
- Different styles of parenting
- How your child communicates
- Understanding your child's behaviour
- Sleep, Self-regulation and anger

I like finding out some of the reasons children behave as they do

"He doesn't work all the time but I'll be his son and working towards a less confrontational household?"

I feel much happier and am enjoying parenthood more than I thought possible!

"I have found the course very useful. Now I have time to think more during difficult situations and during arguments with my kids."

Ref: 14/2/2018

For enquiries about online Solihull please contact Tina Bell directly: Mrs. Tina Bell (Pastoral Care Manager); Wymondham Cluster Schools; Tel 01953 609783 / 07595 221240

### **Coming up**

#### **E-safety afternoon**

On the afternoon of Tuesday 30<sup>th</sup> January 2018, Jill Duman, County Education Adviser, will be leading an information afternoon for parents about keeping children safe on line. Further information was sent to you on Wednesday but if you would like to know more please do contact me. I cannot stress enough how important this information could be and I really do recommend that you try to attend. It will be quite an eye-opener! If you did not manage to your return your reply slips today please do return them by Monday 22<sup>nd</sup> January 2018 at the latest.

#### **Dates for your diary**

Spring half term holiday	12.2.18 – 16.2.18
Easter holiday	29.3.18 – 13.4.18
Summer half term holiday	28.5.18 – 1.6.18
Summer holiday begins	25.7.18

Kind regards,

Miss Brooks